



Shuswap Minor Football Association is pleased to announce that we are taking pre-registrations for Spring 2021 flag football programming in May and June!

Our football programs will follow all current safety regulations. As of today, this allows for individual “skills and drills” type training, while remaining physically distanced. This is an excellent opportunity for physical fitness, fun, and learning the basics of football. Our programming will adapt as the regulations do, hopefully allowing us to move into full flag football team practices, games, and jamborees this spring.

Training and flag football registration fees will be set soon. We try to keep these fees as low as possible and expect them to be similar to what families pay for comparable sports’ training programs.

Pre-registering now does not require any financial commitment; it allows us to contact you as soon as we have dates and registration rates solidified.

Due to overwhelming interest, we are very happy to announce that Armstrong will be included in the program this year. Armstrong athletes will be practicing at Highland Park Elementary, and should regulations and numbers permit it, we hope to host a flag football jamboree in Armstrong to finish the season. Time and days to be determined at a later date.

Coach Ellis is looking forward to having Armstrong athletes participate in this awesome sport!

To register Armstrong and Salmon Arm players are both asked to please visit the Shuswap Football website(<http://www.shuswapfootball.com>) and click on the REGISTER header.

We hope to have programming for U10 (7-9 yrs old), U12 (10-11 yrs old), U14 (12-13 yrs old), and U16 (14-15yrs old) this year in Armstrong.

Pre-Registering is extremely important this year since it will help us to make decisions about the programming based on the provincial requirements, and the number of registrants in each division.

If you have any questions about registration, programming, sponsorship, coaching, or other volunteering please contact our Registrar, Selina.

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ARMSTRONG



FOOTBALL